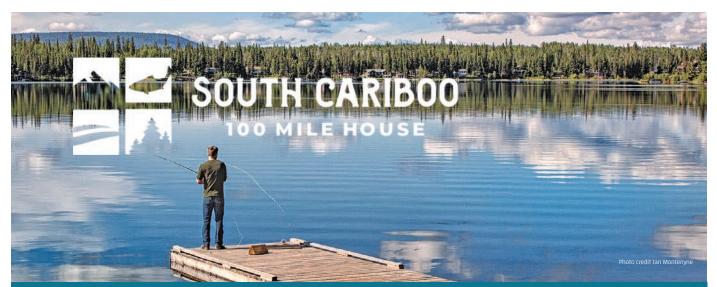
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OUR VISITOR CENTRE

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EWS

LAND ACKNOWLEDGEMENT

We are situated on the traditional lands of the Secwépemc within Secwepemcúl'ecw, the traditional and unceded territory of the Secwépemc People. We acknowledge and honour the land on which we work, live and play and welcome visitors.

Brian Thorsteinson photo



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WHY COME HERE? SCENIC VIEWS

If you love postcard-perfect views, the South Cariboo is the perfect place to be. We have waterfalls, canyons and long stretches of pastoral beauty. The only thing disturbing the peace and serenity is the chirping of our abundant bird life.



Leave a smaller footprint

From our many picturesque lakes to the rich forests that surround our communities, you don't have to go far to find breathtaking scenery in the South Cariboo. It's one of the main reasons visitors from the Lower Mainland, the United States of America and Europe come here year after year.

Maintaining that natural beauty, however, is the responsibility of everyone who lives on and visits this beautiful landscape. As tourism increases local government, businesses and the community are promoting the importance of sustainability to ensure the South Cariboo's Outdoors can be enjoyed by the generations to come.

One important thing visitors to the community can do is make sure they follow the principles of packing in and packing out. As the old saying goes leave nothing but footprints, take nothing but photographs. Taking your trash and recyclables back out is a simple way to make your trip more sustainable.

The South Cariboo has several different transfer stations dotted throughout the community, while in 100 Mile House, a recycling depot stands ready to accept any bottles or cans you may have accumulated over your trip. You can even donate your bottles to a local charity by asking the staff to donate in their name.

Respect for the people and animals that make the South Cariboo their home is a cost efficient way to make your trip more sustainable.

A few other simple steps recommended by Sustainable Travel International include eating at local restaurants whenever possible, turning off the lights of your accommodation when not in use, taking shorter showers, participating in local events and supporting local artisans. All of these steps will enrich not only your trip to the South Cariboo but the broader community as a whole. 8 EXPLORE, ENJOY, EXPERIENCE – More of the Good Life!











Discover Our Communities

NESTLED ON THE FRASER PLATEAU BETWEEN THE COASTAL AND ROCKY MOUNTAIN RANGES, THE SOUTH CARIBOO IS RENOWNED AS AN OUTDOOR RECREATIONAL PARADISE, WITH VAST FORESTS, PRISTINE LAKES, ACCESSIBLE TRAILS AND MAJESTIC MOUNTAINS.

Home to the Tsq'escenemc (Canim Lake) First Nation for thousands of years, the area gets its name from the once abundant caribou herds in the area. In the 1800s, the area was overrun by gold-seekers travelling the Cariboo Waggon Road from Lillooet to Barkerville.

As they needed a place to stop on the long journey, roadhouses were built as supply points. Each roadhouse, such as 70 Mile and 100 Mile House, was named for the distance it was from Lillooet (Mile 0).

Today, the South Cariboo is home to more than 20,000 people in several small unincorporated communities surrounding 100 Mile House, the region's economic heart. 100 Mile House provides work, shopping and entertainment for permanent and seasonal residents living or staying as far north as Lac La Hache or south to 70 Mile House and Clinton.

Originally a fur trading station on the Hudson's Bay Company Brigade Trail from Kamloops to Fort Alexandria, 100 Mile House has grown and evolved over the years but has retained its Cariboo spirit and rural hospitality. There may not be gold in our hills, but there certainly is tons of adventure to be found.

EXPLORE, ENJOY, EXPERIENCE – More of the Good Life! 9

South Cariboo Visitor Centre's manager Julie Gilmore and assistant manager Andria Frisby. Patrick Davies Photo

Where to start

SOUTH CARIBOO VISITOR CENTRE

The South Cariboo Visitor Centre at 155 Wrangler Way in 100 Mile House, should be your first stop when visiting the area. Keep an eye out for the world's tallest skis on display outside the cozy log building, or the original B.C. Express Stagecoach No. 14 - the only surviving coach of the Barnard Express and Stage Line, which travelled between Ashcroft and Prince George as late as 1917.

OUTH

11.3

The Visitor Centre is the home to a historic marker that denotes the 100th mile of the Cariboo Waggon Road. Its also located right on the 100 Mile Marsh and features seasonal outdoor washrooms, picnic tables and a beautiful walk around a wetland full of waterfowl during the summer.

The Visitor Centre also offers e-bike rentals. Enjoy taking a self-guided tour for a half day or choose our hourly options. Cruise through our downtown, go on a coffee crawl, take in our trails beside the Visitor Centre, or visit the waterfalls at Centennial Park. Call ahead or just drop by to find the best way to explore our region.







A guide to traditional Secwépemc names of the South Cariboo

DURING YOUR VISIT TO THE SOUTH CARIBOO YOU MAY COME ACROSS SIGNS WRITTEN IN THE LANGUAGE OF THE SECWÉPEMC NATION.

Split up into several smaller nations, the peoples of the Secwépemc Nation have lived within the Cariboo-Chilcotin for generations. As part of an ongoing reconciliation effort in recent years, many of them have readopted their traditional names to preserve their culture and language for future generations. To that end here is a handy pronunciation guide of several Secwepemctsín names for local communities and landmarks, along with a few common phrases.

EVERYDAY SECWÉPEMC WORDS INCLUDE

Tsucwmíntlmen (welcome) pronounced Choocw-Meen-Tel-Men, Weyt-k (hello to one person) pronounced Wait-K, Weyt-kp (hello to more then one person) pronounced Wait-K-P, Kukwstsétsemc (thank you) pronounced Cooks-Chetch-Em-C, Kukwstsemc (thanks) Cooks-Chem-C, Me7 wíktsen (I'll see you) pronounced Meh-Week-Chen, Putucw (good bye) pronounced Poot-Oo-Cw, Est'íl' (stop) pronounced Est-Leel and Est'íl'-ce (you stop) pronounced Est-Leel-Caw.



Tspelemétkwe (100 Mile House) pronounced Ch-Pella-Met-Kwa. Meaning Spring That Runs Under the Ground.

Txet'línten (Lac La Hache) pronounced T-C-Et-Leen-Ten. Meaning Beautiful Waters. Pólet (Clinton) pronounced (Paul-let). Meaning Place Where Things Grow Fast.

Xatsull First Nation (Soda Creek) pronounced C-Atch-Ooth. Meaning on the Edge Place.

Cmetem (Deep Creek) pronounced C-Met-Tem. Meaning Sitting Within Place.

Esk'et First Nation (Alkali Lake) pronounced Ess-Ket. Meaning Place of the White Land.

Stswecem'c (Canoe Creek) pronounced S-Ch-Wec-Em-C. Meaning Creek Area.

Xgét'tem (Dog Creek) pronounced Xite-Tlem. Meaning Deep Valley Area. Tsq'éscen' First Nation (Canim Lake) pronounced Ch-Kes-Ken. Meaning Place of the Broken Rock.

Llenlleney'ten First Nation (High Bar) pronounced Then-Then-Nay-Ten. Meaning the Place Where the Cascara Shrub Grows.

Ck'últ'enéllcw Cultural Centre by the 108 Mile Heritage Site is pronounced C-Koolt-Ten-Eth-Cwa. It translates to 'Our Culture of Long Ago.'

Tsecwil'ecul'ecw (100 Mile House Centennial Park pronounced Checw-Wheel-Ec-Oo-Lecw. It translates to A Place on the Land to Enjoy the Company of Children.

CKULTENELLCW CULTURAL CENTRE

Just across the road from the 108 Mile Heritage Site is the newly built Ckultenellcw Cultural Centre. While still under development and not yet fully open to the public, the Ckultenellcw Cultural Centre will be the perfect place to go and learn about the history and culture of the local Northern Secwepmec peoples.

The Northern Secwepmec people include the Tsdéscen First Nation, the Williams Lake First Nation, the Esk'etemc First Nation, the Stswecem'c Xget'tem First Nation and the Xatsūll First Nation who all traditionally made the Cariboo their home. They have worked together for 20 years to bring the Ckultenellcw Cultural Centre to life, which means 'Our Culture of Long Ago' in Secwepmec. Chuitenéllew Our culture of lang ago

The centre's goal is to provide the local community and travelling public with a rotating gallery of historic and cultural exhibits taken from each of the participating nations. Work on these exhibits is ongoing, but the Northern Secwepmec Cultural Society plans to theme them after the four seasons.

While the main building is not yet open to the public, the outdoor portions of the exhibit including a short walk with interpretive plaques and markers are complete giving visitors a taste of what the centre will become. Once open to the public the Ckultenellcw Cultural Centre will surely be a stop any visitor to the area will want to make.

Check with the South Cariboo Visitor Centre for updates on the opening day.

100 MILE HOUSE

The Beating Heart of the South Cariboo.

100 MILE HOU

TAVIS

William Martin Alleyne Cecil Lord Martin Cecil 7th Marquess of Exeter April 27, 1909 - January 12, 1988

ONE OF THE OLDEST SETTLER SETTLEMENTS IN THE SOUTH CARIBOO, 100 MILE HOUSE OWES ITS ORIGINS TO THE CARIBOO GOLD RUSH.

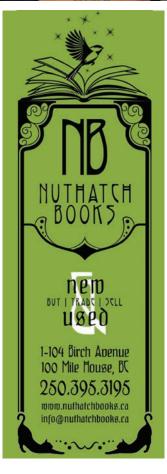
Established during the Cariboo Gold Rush, 100 Mile House is named after a roadhouse once located by Bridge Lake. Located 100 miles from Lillooet the roadhouse's humble name stuck even as the Gold Rush came to an end and ranchers began making the surrounding region their home.

100 Mile House remained a humble hamlet for many years until Lord Martin Cecil, the 7th Marquess



of Exeter, made it his home. Cecil bought and owned much of the land the town is currently built upon using it as part of the Bridge Creek Ranch, since renamed to the 100 Mile House Ranch.

Cecil would go on to be a key figure in the founding of the town proper building the 100 Mile



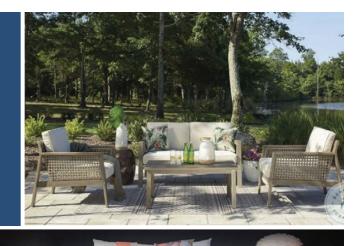
House Lodge and several other historic buildings. As leader of the Emissaries of the Divine Light, he attracted dozens of people to settle in the area, who went on to help build the town.

During the 1950s and 1960s 100 Mile House grew rapidly as the land that was once his hay field was first rented and then sold to form the Village of 100 Mile House. The mills combined with 100 Mile House's location right on Highway 97 soon made the once humble community into the centre of the South Cariboo.

Today 100 Mile House has grown to a town 2,000 strong which serves up to 20,000 additional people in surrounding communities. With a wide range of locally owned restaurants, businesses and services it is the perfect home base for those looking to explore the beauty of the South Cariboo.



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SHOPPING

100 Mile House is home to a variety of unique stores for every need from flooring to books, art supplies, clothing, auto parts and hardware. On Birch Avenue in downtown 100 Mile House, visitors can enjoy an abundance of locally sourced goods from hand-made items to some of the freshest produce in the region.

Many of the clothing and variety shops have been around for years, offering a homegrown feel compared with that of big box stores in other areas. For the avid thrifter, there are also antique and second-hand stores scattered throughout the region.

ARTS AND CULTURE

100 Mile House is small but mighty when it comes to its arts and culture scene.

The 100 Mile Performing Arts Society presents high-quality productions throughout the year at Martin Exeter Hall for the community to enjoy. Meanwhile, the recently formed Cariboo Players offer dinner theatre improv murder mysteries for those looking to get dinner and a show.

Dozens of talented local artists, photographers and crafters make the South Cariboo their home, displaying and selling their work at our local art galleries, restaurants and businesses.

The centre of visual arts in 100 Mile House is Parkside Art Gallery. It features revolving exhibitions that showcase local talent. Parkside is run and operated by a handful of dedicated volunteers to provide the South Cariboo with a space that encompasses expression, culture and diversity. Visitors can browse the gift shop featuring handcrafted jewellery,



pottery and other unique to-the-Cariboo items.

Those looking for just a quick taste of the South Cariboo's art can check out the Showcase Gallery inside the South Cariboo Business Centre. This small-scale gallery, curated by the Cariboo Artists' Guild, changes its displays monthly. The display features solo and group exhibits.





MURALS

If you haven't noticed, 100 Mile House is an open canvas itself. Various buildings throughout the core feature hand-painted murals, providing everything from stories of early settlers to local history. There are 16 murals painted in 100 Mile House. Some are easy to spot but for others, you must get out and walk.

FARMERS MARKET

During the spring, summer and fall local artisans, farmers and community groups gather every Friday outside the 100 Mile House Community Hall for the South Cariboo Farmers Market. Open between 9 a.m. to 2 p.m. the farmers market is a great place to get some fresh produce or a unique South Cariboo souvenir. This year the market runs from May to October.



HOT JULY NIGHTS

The crown jewel of 100 Mile House's annual events is the Hot July Nights Car Show. This three-day event attracts hundreds of vintage and classic cars from across western Canada for a poker run, live music, dinner and dance and a show and shine on Birch Avenue.

This year Hot July Nights is scheduled for July 18 to 20 and is set to include fun, games and a new food truck food court.



The South Cariboo has many beautiful trails for the public to access. While some of these trails are proper hikes, many of them are easily accessible for those with reduced mobility. In and around 100 Mile House are three beautiful accessible trails.



Centennial Park and Bridge Creek Falls

Just one block east of downtown, Centennial Park is the town's jewel, offering a playground, spray park, picnic area, an outdoor stage tennis courts, an outdoor basketball court, walking trails and dynamic waterfalls. The park hosts several events during the summertime including the Parks Alive summer music series. Check with the visitor centre for upcoming events.

BRIDGE CREEK FALLS

Accessible Trail In 100 Mile House, Centennial Park is a beautiful place to stop for a picnic or a stroll around the banks of Bridge Creek. Those looking for a short five to 10-minute hike can make their way towards the Bridge Creek Falls just off the parking lot. The path meanders along Bridge Creek and is sheltered by beautiful pine and fir trees.



During the summer you'll see squirrels, waterfowl and songbirds who make the area their home.

Bridge Creek Falls itself is a majestic sight, its gentle roar providing the perfect place to sit and meditate on life. The trail carries on past Bridge Creek to Horse Lake Bridge following the path of Bridge Creek.

MARSH TRAIL AND DOG PARK

Park at the South Cariboo Visitor Centre and enjoy this 1.5 km walk around the 100 Mile Marsh. The marsh walk is a low-mobility trail full of wildlife viewing opportunities. Signs along the trail provide a bird's eye view of the bird life that can be seen in the marsh. The Dog park is located behind the South Cariboo Rec Centre, it is a fenced area designated for your furry friends to run free and play!

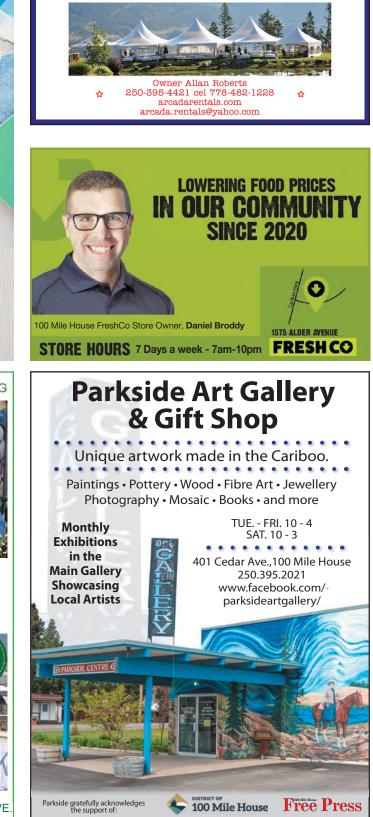
99 MILE LOW MOBILITY TRAIL

Located on Ainsworth Road just south of 100 Mile House, the 99 Mile Low Mobility Trail is a 1.7-kilometre-long route with a gentle grade. It winds through a verdant mountain forest and features four main viewpoints including a wetland and a commanding view of 100 Mile House and Stephenson Lake below.

During the winter this trail is part of the 100 Mile House Nordic Ski Society's ski and snowshoeing trails. There are several picnic tables and benches scattered across the trail, which ends at the Nordic's Beanstalk Cabin. There hikers will find the cabin, a fire pit, an accessible outhouse and a picnic table.







TENT & EVEN

REN

108 MILE RANCH

Located only a few minutes north of 100 Mile House, the 108 Mile Ranch is a community rich in natural beauty and history.

The 108 Mile Ranch is a subdivision built by the Blocks Bros in the 1960s that has since become one of the South Cariboo's fastestgrowing communities.

Today the Ranch is home to thousands of residents a gas station, grocery store, restaurants, a regional airport, the 108 Mile Golf Resort and a coffee shop.

Perhaps its most stunning feature is the 108 Mile Greenbelt. Comprising of more than 1,500 acres the 108 Mile Greenbelt runs throughout the community giving all its residents access to picturesque community parklands. Walker Valley especially is prized amongst local birders.

The 108 Mile Lake, meanwhile, provides residents and visitors a place to go fishing and swimming at the Main Beach. If you're lucky you might even see some pelicans making their annual spring pilgrimage to the lake.

108 Mile Ranch Accessible Trails

An accessible trail around the 108 Mile Lake offers an easy stroll for those looking to stretch their legs, walk the dog and go birdwatching. The lake can be accessed at the

108 Mile Heritage Site or the Main Beach and is suitable for all ages. This seven-kilometre-long loop has an easy grade with 10 benches set up along the route for walkers to rest their feet and take in the view of the lake.

Keep an eye out for pelicans, pileated woodpeckers, ducks, geese and mule deer along the route. Facilities include a fishing dock, pagoda, washrooms and picnic tables at Main Beach. For those looking for a longer walk, the lake links with nearby Sepa Lake, about a 10-kilometre round trip.





EXPLORE, ENJOY, EXPERIENCE – More of the Good Life! 21



108 HERITAGE SITE

One of the 108 Mile Ranch's main attractions is the 108 Mile Heritage Site located just off Highway 97. These 13 historic structures are a living reminder of the South Cariboo's Gold Rush and pioneer history that visitors can explore at their leisure.

The heritage site also hosts the old 108 Mile Roadhouse said to have once been operated by the mythical Agnus McVee. Members of the site will be happy to tell you the sordid tale of McVee who some believe murdered 57 unsuspecting men and miners for their gold, which is said to still be buried in the 108 Mile Ranch area. Each of the buildings on the site have similar stories and history including the 160 foot Clydesdale Barn, the oldest of its kind in Canada.

During the year the 108 Mile Heritage Site hosts several different community events including Canada Day Celebrations and a weekly Heritage Market featuring local artisans from May to September on Saturdays.

This year the 108 Mile Heritage Site is also celebrating its 50th anniversary on July 26 with a big party for the community. They plan to have a petting zoo set up in the Clydesdale Barn, demonstrations of blacksmithing and old-fashioned quilting, open up the school house and chapel and have a gold panning demonstration, in addition to fun games for children. If you're in town that month be sure to add it to your calendar!





LAC LA HACHE: THE LAKE OF THE AXE

100

One of the Cariboo's most beautiful lakes is just north of 100 Mile House and runs right along the edge of Highway 97.









EXPLORE, ENJOY, EXPERIENCE – More of the Good Life! 23

Lac La Hache (Lake of the Axe) is fondly referred to as the Longest Town in the Cariboo spread out along 18 kilometres of gorgeous shoreline. While it is beautiful to drive through, those who stop to see the sights will soon find far more to enjoy.

The lake itself is the perfect place in the summer to go camping, swimming, jet skiing, tubing, power boating, kayaking, horseback riding and fishing. Lac La Hache gets its name because supposedly an early voyager to the area lost their axe through a tiny hole in the lake when it was iced over.

If you're looking for a quieter lake, located only a few minutes' drive away are several beautiful smaller lakes including Timothy Lake, Greeny Lake and Spring Lake.

For those looking for less aquatic activities, the Mount Timothy Ski Resort is located just a half hour from Lac La Hache, an hour from 100 Mile House. It's the best place in the Cariboo for downhill skiing in the winter and in the summer it is a beautiful place to hike. The resort has been working hard in recent years to offer more summer events and activities for locals and visitors alike turning it into a year-round recreation resort.

In the Lac La Hache townsite itself, the Lac La Hache Pioneer Centre puts on several events throughout the year while the Lac La Hache Thrift Store is a great place to go for some Cariboo deals. Several local restaurants and gas stations are also close at hand if you need to refuel your car or yourself.

> historical RYSTAL

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SOUTH CARIBOO GARLIC FESTIVAL

Lac La Hache's marquis event is the annual South Cariboo Garlic Festival. Billed as a 'Stinkin Good Time' by its organizers this weekend-long celebration of garlic attracts over 100 vendors and thousands of people to the community every August.

This year the festival is set to take place on Aug. 23 from 9 a.m. to 4 p.m. and Aug. 24 from 9 a.m. to 3 p.m. with admission for both days costing only \$5 a person. In addition to garlic vendors, the festival features artisan vendors, local community groups, live entertainment, food trucks and games for children. It is located at the South Cariboo Garlic Festival Grounds just a few kilometres north of Lac La Hache.

KOKANEE FISHING

Lac La Hache is known as a great place to fish yearround. The lake is especially known for its large Kokanee Salmon but Lake and Rainbow Trout can also be found in its waters. While you can fish from the shore or on the ice during the winter, it is recommended you take a boat out into the lake for the best results in the summer.

A boat launch can be found at the Lac La Hache Provincial Park on the north end of the lake.









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LAC LA HACHE COMMUNITY TRAIL

Located 28 km north of 100 Mile House on the shores of Lac La Hache is the Lac La Hache Community Trail. Contained within the site of the annual South Cariboo Garlic Festival this 620-meterlong trail begins at a large covered shelter and proceeds down to the lake's edge where it



meanders along until walkers reach a wheelchair-friendly bridge. After crossing the bridge you can loop your way back to the shelter or carry on walking along the shores of Lac La Hache enjoying the breathtaking views of the Cariboo's Longest Lake. An informational kiosk is available at the trailhead showing a map of the trail along with an accessible outhouse.

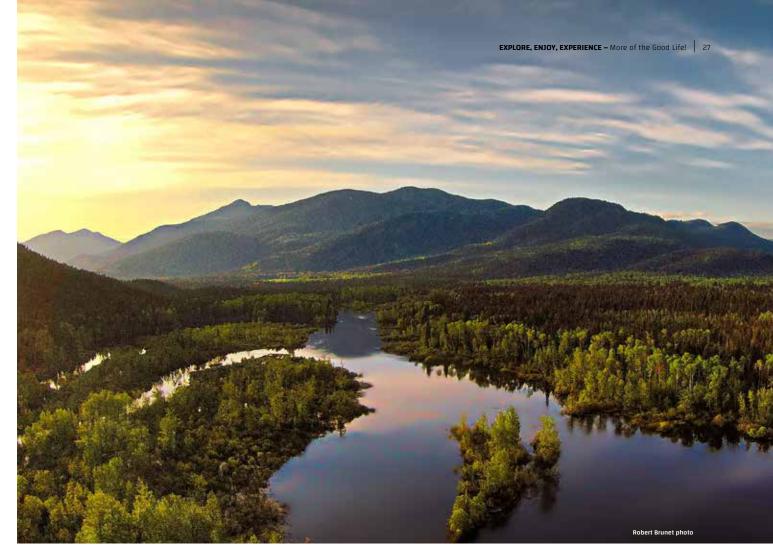


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FOREST GROVE, CANIM LAKE AND AND MAHOOD LAKE

Where nature meets community.



The Forest Grove area is full of pioneering and First Nations history located to the North-East of 100 Mile House on Canim Hendrix Lake Road, 21 kilometres from Highway 97. It is the home of the Tsq'éscen'

First Nation whose people have made the South Cariboo their home for generations. European settlers first moved to the area in 1912 setting up a town which was christened Forest Grove. It remained the heart of a local logging industry for years, housing loggers and saw millers. These days Forest Grove is home to a tight-knit community featuring the Forest Grove Legion, a hardware store, a gas station, a grocery store, a community hall, elementary school and a library. East of Forest Grove you'll find some of the South Cariboo's largest and most beautiful lakes in the form of Canim Lake and Mahood Lake,

which are surrounded by many other hidden gems like Ruth Lake. These lakes make the area a top destination for fishing, waterskiing, tubing and other backcountry activities. This area also has

several beautiful parks to visit including Ruth Lake Provincial Park, Schoolhouse Lake Provincial

Park, Canim Beach Provincial Park and Wells Gray Provincial Park. However, next to Wells Gray Provincal Park and Howard Lake Park most of these parks do not have any camping facilities. Many prefer to stay at one of the local resorts neighbouring them.





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Canim Lake, BC

CANIM FALLS AND MAHOOD FALLS

Some of the Cariboo's most beautiful waterfalls can be found east of Canim Lake. While they take a bit of a drive and a hike to reach, they're well worth the effort.

Take South Canim Lake Road to the junction of the Interlakes connector. A six-kilometre side-trip on the northeast fork will take you to a forestry pullout, and a short, pleasant walk to the spectacular Canim and Mahood Falls. The trails leading to them are wellmaintained and have an easy grade. Just beyond these falls is Mahood Lake, part of Wells Gray Provincial Park, and a longer hike to Deception Falls. All are stunning and worth the visit.



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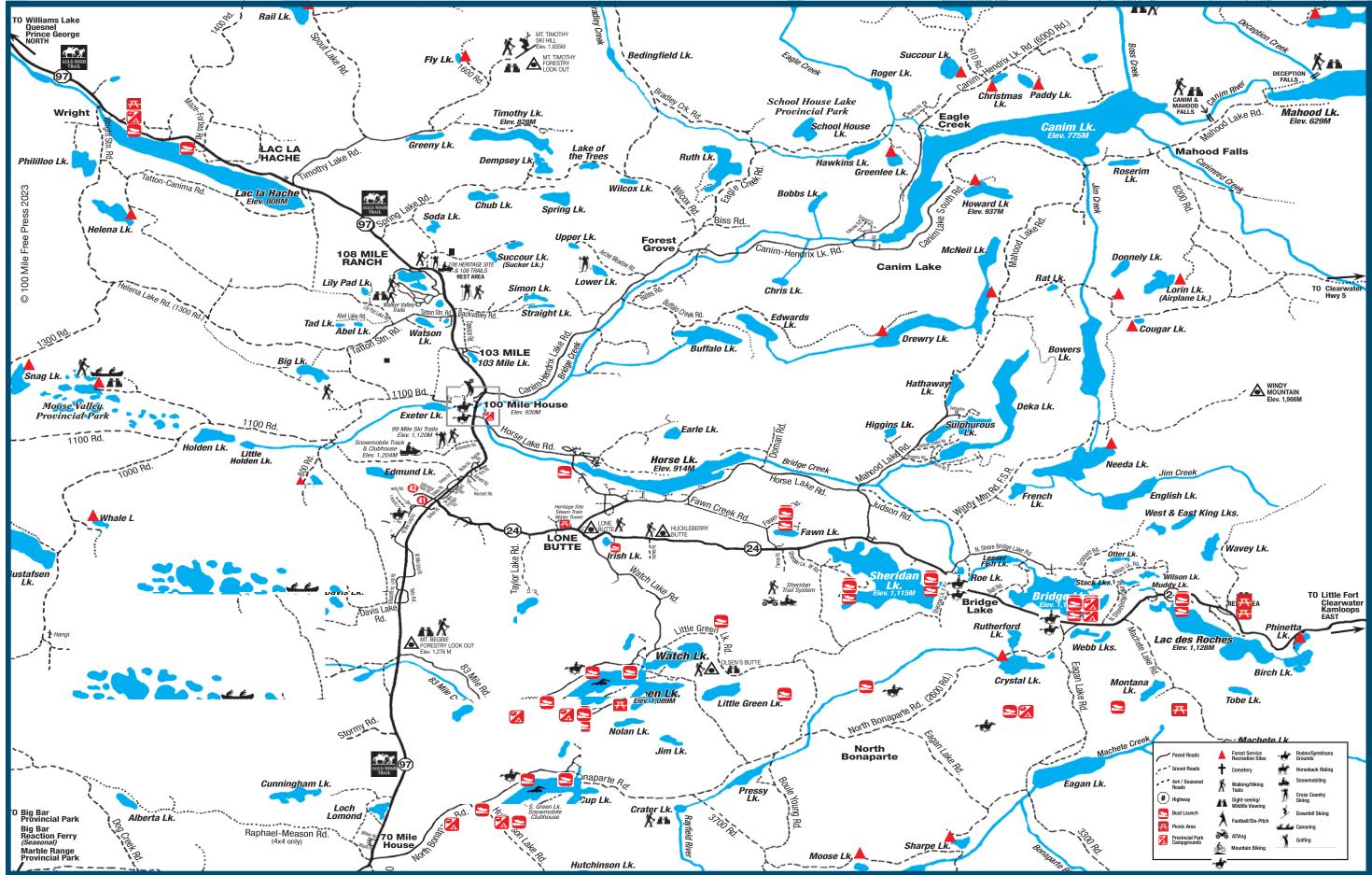
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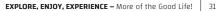
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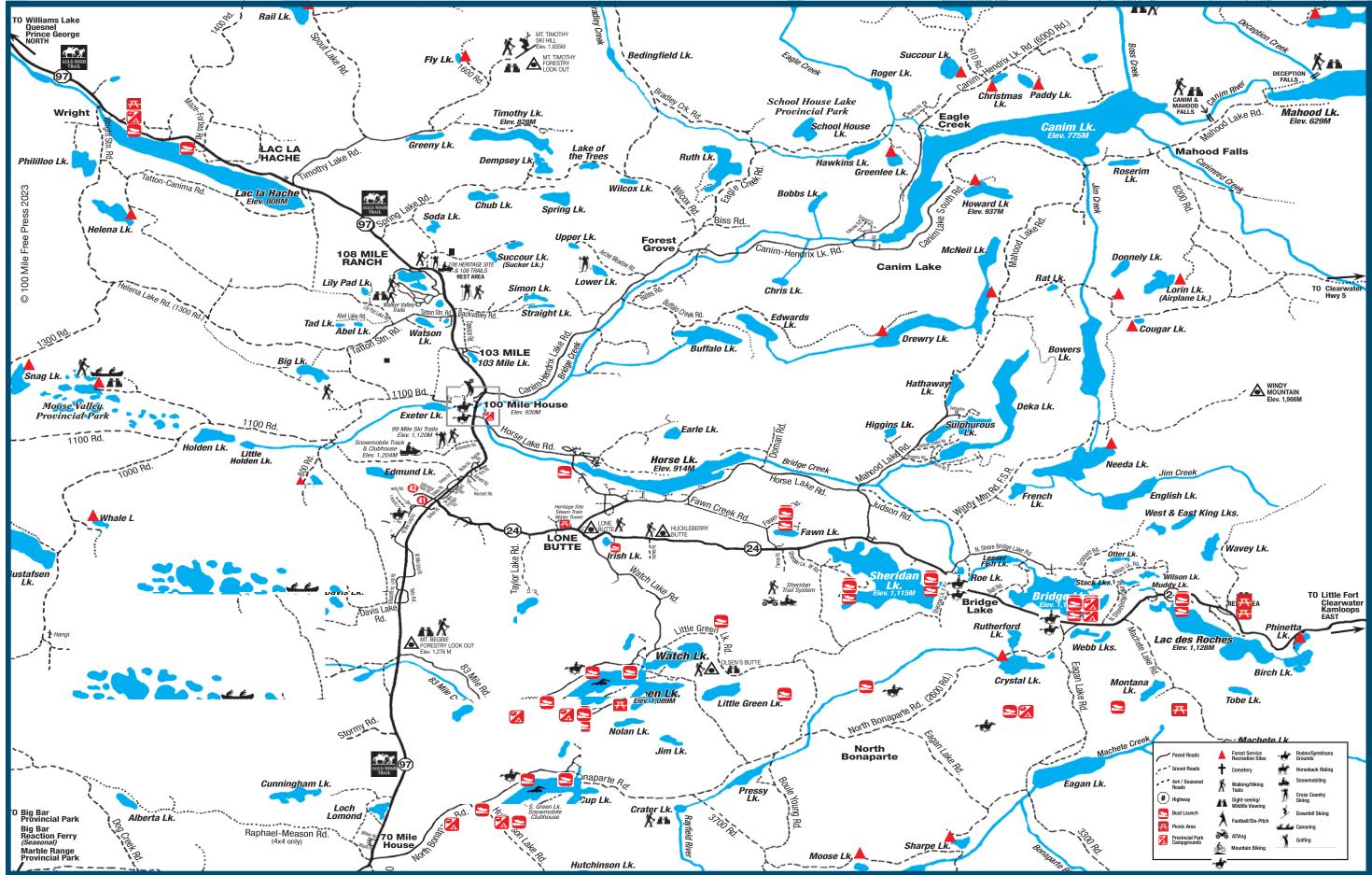
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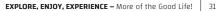
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Where the locals eat

Freshly baked goods, the finest artisanal coffee and teas or a four-course meal and unique craft beer to excite the taste buds – 100 Mile House restaurants and cafés provide a cool relaxing space after a day of travelling – here are some of the places our locals love go to eat, meet and mingle.





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LONE BUTTE & HORSE LAKE: A HISTORIC RAILWAY STOP





Lone Butte, located 10 kilometres east of Highway 97 along Highway 24, is a charming rural community with a long history.

A historic railway stop, Lone Butte had the highest elevation on the Pacific Great Eastern Railway line and still retains a glimmer of its former glory days.

A water tower, built to supply steam engines during the community's heyday, is now a popular rest stop and home of some annual events. A 1947 caboose was added to the rest stop by the Lone Butte Historical Association in recent years cataloguing the history of Lone Butte and the surrounding region.

Sadly much of the town's historical buildings including the Lone Butte Hotel have since burned down. However, the Alice Singelton Heritage House remains. Since the 1940s the house has served as a church, the first Red Cross Outpost Hospital in the South Cariboo and as a Canada Post Office from the 1960s to 1970s complete with an old Cold War Fallout Shelter.

Those feeling adventurous can climb up the Butte, a volcanic plug, popular with locals and teens. Although a short walk and climb, it's not for the faint of heart, but the commanding view of the Cariboo is worth it. Be careful as it's quite steep going up and down. If you're unsure of your abilities, start with one of the slightly easier trails and work your way up to it. For everyone else, it's absolutely worth the brief stop.



One of the best weekends to visit Lone Butte is when the Lone Butte/Horse Lake Community Association organizes Lone Butte Rocks. Scheduled to take place on Sunday, July 13, 2025 this day-long event features riding demonstrations at the Lone Butte Community Hall, a BB gun shooting gallery put on by the Lone Butte Fish and Wildlife Association, carnival games, dozens of local vendors and a tractor ride from the Lone Butte Community Hall to Water Tower Park.

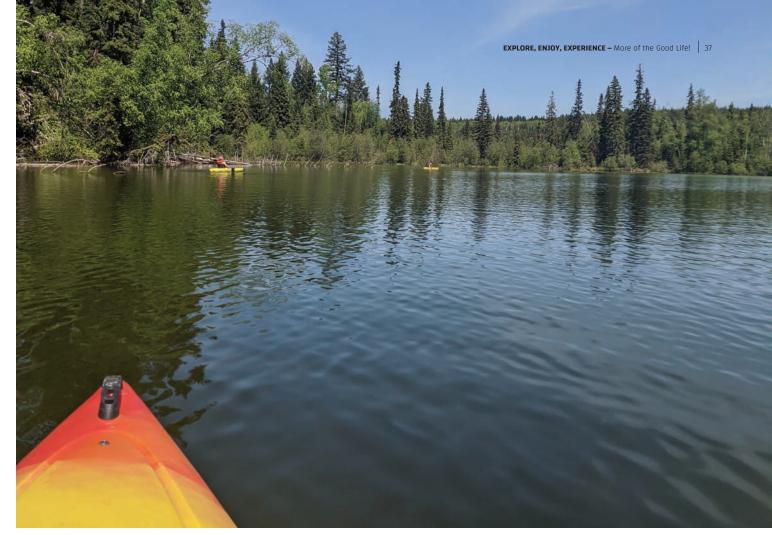




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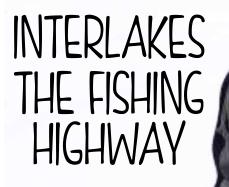




HORSE LAKE

Only a few minutes away from Lone Butte is Horse Lake another beautiful place to fish, boat and relax. Located only 15 minutes away from 100 Mile House, Horse Lake is a great place to go to get back to nature while still being close to the comforts of civilization.





Theresa Braaten photo

THE STRETCH OF COMMUNITIES AND LAKES BETWEEN LONE BUTTE AND LAC DES ROCHES ALONG HIGHWAY 24 ARE REFERRED TO AS THE INTERLAKES.

These tight-knit communities are built around the lakes they derive their names from and support several thriving resorts.

The Interlakes is a great place to go to fish however it also provides visitors opportunities to horseback riding, hiking, birding, snowmobiling and crosscountry skiing, depending on the time of year. Many of the South Cariboo's artists take inspiration from the nature and wildlife of this area for their work on display around the South Cariboo.

During the summer the Interlakes hosts two major rodeos, the Bridge Lake Stampede scheduled for July 1, 2025, and the Interlakes Rodeo scheduled for Aug. 2 to 3, 2025. Both rodeos celebrate the ranching culture of the region and are a chance for you to see working cowboys and cowgirls show off their skills in a more intimate setting than a major rodeo.

FISHING HIGHWAY

Highway 24 has long been known as the "fishing highway" because of the numerous lakes that can be found to the north and south of this motorway. This 97-kilometre-long road stretching from Highway 97 near 93 Mile House to Highway 5 in Little Fort, has only been in existence since its construction in 1974. Many of the dozen-odd lakes along Highway 24 are ideal for fishing with local community groups and B.C. Fisheries stocking several lakes with populations of several types of fish including Kokanee, Rainbow Trout and Lake Trout.

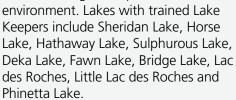
Some of the largest lakes, which come complete with their own fishing resorts, include Sheridan Lake, Bridge Lake and Lac Des Roches.

The Freshwater Fisheries Society of BC's website provides anglers with an up-to-date guide on what fish can be found in which lakes. <image>

LAKE KEEPERS

The Fishing Highway Tourist Association has begun to take steps to protect the lakes that make up the Interlakes in 2024. The association has started a new Lake Keepers program to teach locals how to monitor the health of local lakes through the use of lake science.

These Lake Keepers, made of community residents and volunteers, will be the first line of defence to monitor potential algal blooms, unusual fish die-offs and anything else that may be a threat to the general public or



To report a problem with a lake, contact Fishing Highway Tourist Association Chair Irene Meili at 250-593-4654.



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EXPLORE THE FISHING HIGHWAY

BRIDGE LAKE ICE CAVES

Located along Highway 24, south of 100 Mile House, the unique geology of the Bridge Lake shoreline features caves and crevices sheltered from the elements. Melting snow seeps through the rock

crevices into the caves where it freezes, creating a year-round supply of ice that was originally used by First Nations and later by early settlers in the area.

Four trails of varying degrees of difficulty wind through the park, to observation platforms overlooking the lake from above the caves, making them safe for visitors young and old to visit. Visitors are strongly discouraged from trying to enter the caves below.

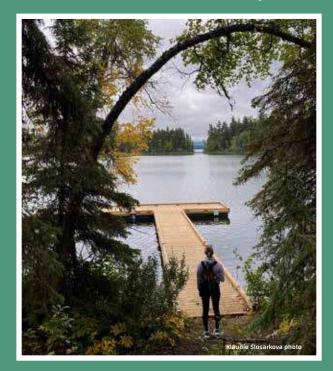
The Low Mobility Wolf Trail is just 500 metres long and begins at the parking lot and makes its way to the viewing platforms, one of which is wheelchair accessible. Those looking for more of a challenge can continue on from the end of the Wolf Trail onto the Beaver Trail which hugs the lakeshore or the Owl Trail to head back to the parking lot, which is hard and well-packed like the Wolf Tail. A dock provides a spot for shoreline fishing and is easily accessible from Beaver Trail. Facilities also include a picnic area near the ice caves and resting benches. There is one bathroom located beside the parking lot.

INTERLAKES PIONEER HERITAGE ACCESSIBLE TRAIL

Just a few minutes away from the Bridge Lake Ice Caves on Highway 24, the Interlakes Pioneer Heritage Trail is a short but picturesque route beside the Interlakes Community Centre at 7592 Highway 24. At one kilometre long this trail is a perfect chance to get out and stretch your legs on a crushed gravel surface.

This trail features several rolling grades as it passes by lush wetlands and a forest. One section of the trail is more challenging which low mobility users may require assistance to mount. Picnic tables, benches and an accessible outhouse have been set up along the trail for the public's convenience.

The trail ends at the Roe Lake Rodeo Grounds where the Interlakes Rodeo is held every summer.



2025 INTERLAKES RODEO

August 2nd and 3rd INTERLAKES RODEO GROUNDS Hwy. 24 E. Sheridan Lake Road

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Circle Tour

HIGHWAY 24 / BRIDGE LAKE TOUR

Time: 2.5 hrs to 2.75 hours Distance: 133.6 km

DIRECTIONS:

Starting in 100 Mile House travel on Horse Lake Road for 37 km and then turn left onto Highway 24. In 6 km turn left onto Shertenlib Road. After 2.5 km, turn right onto Bridge Lake Road North and continue on for 15.5 km, making a right turn back onto Highway 24. Continue for 1.5 km, then turn left onto the Bridge Lake Business Route. In 1 km turn left onto North Bonaparte Road and travel for 58.6 km. Turn right onto Hwy 97 in 70 Mile House and continue for 11.5 km to return to 100 Mile House.

MOUNTAIN SPRUCE COMMUNITY PARK

While it's located off the beaten path, the trails maintained by the Mountain Spruce Community Centre are well worth the visit. This 11-acre property is located near Hathaway,

Sulphurous, Deka and Higgins Lakes and features accessible trails maintained by the local community.

The park features a specifically fenced-off picnic area for day visitors and a bridge which gives people access to a perimeter trail. Visitors can choose to embark on either a 400-meter or one-kilometre-long loop. The Mountain Spruce Community Park is located within a wetlands and is an excellent place to go birdwatching during the summer

months. A large viewing platform overlooking a beaver pond is the highlight of the park and is populated with birds during the spring and fall migrations. The park is located at 6335 Mahood Lake Road, about a half-hour east of 100 Mile House towards the community of Deka Lake.



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70 MILE HOUSE

Gateway to Green Lake & Watch Lake



NESTLED ROUGHLY HALFWAY BETWEEN CLINTON AND 100 MILE HOUSE IS THE TRANQUIL COMMUNITY OF 70 MILE HOUSE.

Laid back and tight-knit, in recent years 70 Mile House has begun to transform from primarily ranching and logging community to a retirement and tourism hub. Featuring a gas station, a general store and a few local restaurants 70 Mile House always welcomes visitors, whether they're staying for a while or passing through. 70 Mile House is the gateway to Green Lake and Watch Lake located just a few kilometres to the east off Highway 97.

Located 13 kilometres from 70 Mile House, Green Lake is a stunning lake 14 kilometres long, which makes it one of the largest in the South Cariboo. Its Caribbean blue/green colouration comes from the algae content present in the water. The lake provides excellent opportunities for swimming, fishing, boating and other water sports activities.





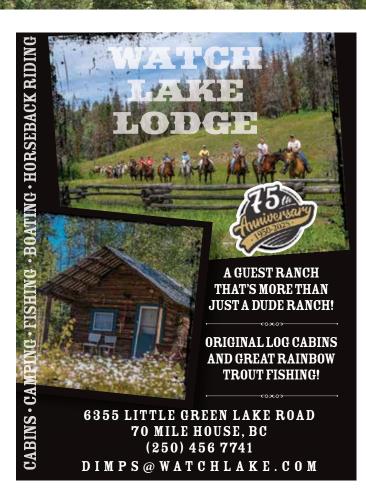
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Several campsites and beaches are scattered across the northern and southern edges of the lake. Also don't miss a chance to enjoy the **Green Lake Trail System**, maintained by the Green Lake Snowmobile Club, which can be accessed in 70 Mile House and Green Lake. A little further north of Green Lake is **Watch Lake**, which is popular with anglers, especially fly fishermen. Watch Lake is stocked with thousands of rainbow trout annually and is perfect for those looking to experience a more laid-back Cariboo experience. We recommend you check out the **Watch Lake Lodge** for quality accommodations.

In addition to fishing, Watch Lake is also known for its annual gymkhhanas. Similar to a rodeo, the **Watch Lake Gymkhana** sees local ranchers and horse riders showing off their riding and racing skills at the Watch Lake Gymkhana Grounds. This year the gymkhanas are taking place on July 12 and Aug. 9.

Those looking to ditch the lake for a day can travel to either the **Mt. Begbie Lookout** or **Painted Chasm**. Mount Begbie is located 10 kilometres south of 100 Mile House just off Highway 97 and offers excellent views of the surrounding area.

Painted Chasm, meanwhile, is a bedrock box canyon located just nine kilometres south of 70 Mile House. Simply go down Highway 97, turn left onto Chasm Road and follow it for three kilometres.

Facilities include a large pull-out, educational sign boards and outhouses. Painted Chasm gets its name from ancient lava flows layered atop one another that have been exposed by erosion, creating a unique blend of colours.



CLINTON: Where History Meets Adventure

CLINTON SITS AT THE BASE OF THE SCENIC LIMESTONE MARBLE RANGE AND IS NESTLED AMONG ROLLING PASTURES AND SURROUNDED BY FOOTHILLS OF GREEN PINE TREES ON HIGHWAY 97 (THE CARIBOO HIGHWAY) ABOUT 72 KILOMETRES SOUTH OF 100 MILE HOUSE.

When the first Cariboo Road was constructed from Lillooet into the Interior in 1861, the site lent itself to becoming a stopping point. It was 47 miles from Lillooet via the road, so it became known as the 47 Mile House; it was also known as Cut-off Valley, after a creek in the area.

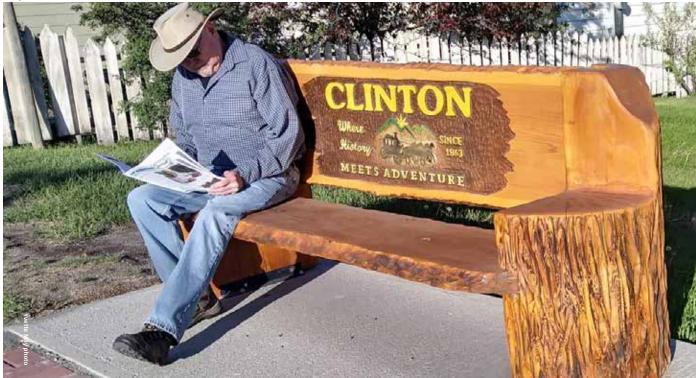
The site was the gateway to the goldfields of the north, and in the spring of 1861 George and Robert Watson

began to build a new log structure to serve as a hotel. In 1863, when the second Cariboo Road from Yale was completed, the town became known as Clinton, in honour of Henry Pelham Clinton, 5th Duke of Newcastle and Colonial Secretary from 1859–1864. The Watsons' hotel became the famous Clinton Hotel, and in 1867 the land was sold to Joe Smith, Mary Smith and Tom Marshall. It was Mrs. Smith who came up with the idea of hosting a Ball which would liven up the long winter. The first Clinton Ball was held in 1868, and the event is now the longest-running event of its kind in the country, with the Ball taking place every May long weekend.

PARADE AND RODEO

The Ball kicks off Clinton's annual Western Heritage Week on the final weekend in May, which includes an Oldtimers' Tea and wraps up with the Clinton Rodeo. The BC Rodeo Association-sanctioned two-day rodeo is a thrilling, fast-paced event that begins with the annual Rodeo Parade, which attracts dozens of entries and winds through the town. This is the busiest weekend of the year for many Clinton residents and a great family event.





REG CONN CENTENNIAL PARK

A wonderful place for families to visit is Reg Conn Centennial Park, a five-acre treasure within the village of Clinton. Have a quiet picnic beside the bubbling creek and stretch those legs before hitting the road again. There is lots of green space for the children to run in, as well as a playground, with new equipment installed in 2024. The park is the place to be on special holidays like Canada Day, and often on weekends when community activities such as Music in the Park nights are arranged.

MUSEUM

The Clinton Museum opened in 1956 and holds a variety of antiques, photos, and historical papers that will take the visitor back to Clinton's earliest days. The building was constructed of local brick in 1892 and served as a school and courthouse before becoming the museum. Browse the exhibits in the museum, then go outside and check out the variety of vintage vehicles between the museum and the historic livery stable, which houses even more artifacts.

HISTORIC WALKING TOUR

Take a literal step back in time with the updated "Historic Walking Tour" guidebook. The guide has photographs and write-ups about 25 historic and significant sites and buildings in and around Clinton, including the historic Clinton Pioneer Cemetery, and provides a fascinating look at the town's history. Visitors can start the tour at any point and do as much or as little as time allows. Copies of the guide are available at the museum, the village office, and many local businesses.





MUSIC AND THE ARTS

Clinton has a vibrant music scene, anchored and promoted by local talent including Dustin Bentall and Jamielynn Caswell, Tracy Fallstrom, Bruce Ambler, Arlen Park, and the Blue Wranglers. Bluegrass music is a speciality of many artists, who often invite locals to take part in concerts held at Reg Conn Park in summer. The Clinton Country Artists hold an art show and sale every summer, as does the Clinton Art and Cultural Society, and local artwork — from paintings and wood carvings to jewellery and ceramics — can be found at several local shops.

OUTDOOR MARKET

There is an outdoor market in Clinton every Sunday from 10 a.m. to 2 p.m. through the summer outside Hunnie's Mercantile on Highway 97. Stop by and browse the homemade baked goods, local preserves and honey, arts and crafts, and secondhand treasures.

ANTIQUES AND COLLECTIBLES

Clinton boasts many places where collectors can browse for unique memorabilia and vintage items. Are you looking for a one-of-a-kind treasure, a special keepsake, or the perfect gift? There's something for everyone, and every taste, in Clinton.





OUTDOOR ADVENTURE

There are plenty of opportunities for outdoor adventures in and around Clinton, from a well-marked trail network to nearby provincial parks. Recreation opportunities include hiking, crosscountry ski and snowmobile trails, fishing and recreational lakes, a baseball diamond, cycling/walking path, and pump track at Elliott Park on Kelly Lake Road, the Reg Conn Centennial Park for picnicking, tennis courts, an arena, and a curling rink. Accommodations include motels, guest ranches, and campgrounds/RV parks. Businesses include grocery stores, convenience stores, a hardware store, gas stations and restaurants, an auto mechanic, a liquor store, and gift shops, as well as an RCMP station, post office, library, and credit union. There is also an off-leash dog park on Cariboo Avenue, just off Highway 97 at the south end of town.



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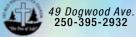


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SOUTH CARIBOO EVENTS

APRIL Seedy Saturday in 100 Mile House: 10 a.m. to 3 p.m., April 5, Creekside Seniors' Centre.

100 Mile Skating Club 50th Anniversary

Ice show featuring Elvis Stojko and Gladys Orozco.11 a.m. and 6 p.m., April 5 South Cariboo Rec Centre.

What's Hoppening 100 Mile House: April 12, 100 Mile House Community Hall.

South Cariboo Outdoor Recreation Show: April 25 to 26, South Cariboo Rec Centre.

Festival of the Arts: April 29 to May 9, Martin Exeter Hall.

MAY

Cariboo Women's Fair: May 2-3, South Cariboo Rec Centre.

South Cariboo Farmers Market in 100 Mile House:

May 2 to Oct. 31 on Friday from 9 a.m. to 2 p.m. 100 Mile Community Hall.

Horse Track & Apparel, Barn and Farm Treasure Sale:

May 10 from 9 a.m. to 2 p.m. Lone Butte Community Hall, Lone Butte. **158th Clinton May Ball:** May 17, Clinton Memorial Hall.

Clinton May Ball Rodeo: May 24 to 25, Clinton Rodeo Grounds.

Loon Bay Craft Market: May-September, Loon Bay Resort.

108 Heritage Market: May- September, Saturdays 10 a.m. to 2 p.m. 108 Mile Heritage Site Cariboo Trails.

JUNE

Watch Lake Fishing Derby: June 7-8, Watch Lake.

Fourth Annual Logan Parent Memorial Bulls and Barrels: June 13-14, 100 Mile Outriders Arena.

BC Dragit Challenge: June 21, 100 Mile Airport.

Big Horn Traditional 3D Archery Shoot: June 21 to 22, 100 Mile Snowmobile Club Ainsworth Road.

Check with the South Cariboo Visitor Centre, visit their website, or scan the QR code for the latest dates and times for new and upcoming events.

JULY

Canada Day Celebration: July 1, 108 Mile Heritage Site.

Bridge Lake Stampede: July 5, Bridge Lake Rodeo Grounds.

RE/MAX Parks Alive Summer Music Series:

Live music in Centennial Park, 100 Mile House. Dates TBA.

Watch Lake Gymkhana: July 12, Watch Lake.

Lone Butte Rocks: July 13, Lone Butte.

Hot July Nights/ Show and Shine: July 18-20, Birch Avenue, 100 Mile House.

Pride in the Park: July 26, Centennial Park.

Cariboo Artist Guild: July 25 to Sept. 6, Parkside Art Gallery.

AUGUST Interlakes Rodeo: Aug. 2-3, Interlakes Rodeo Grounds.

Mountain Spruce Fishing Derby: Aug. 2, Sulphurous Lake and Hathaway Lake.

Deka Ratepayers Fishing Derby: Aug. 3, Deka Lake.

Watch Lake Gymkhana: Aug. 9 Watch Lake.

Bridge Lake Fair: Aug. 16-17, Interlakes Community Centre.

South Cariboo Garlic Festival: Aug. 23-24, Historic Felker Homestead, Lac La Hache.

Cariboo Dog Agility Trials: Aug. 23-24, South Cariboo Softball Fields, 100 Mile House.

EXPLORE, ENJOY, EXPERIENCE – More of the Good Life! 49

SEPTEMBER Big Horn Archery Club Indoor 3D Shoot: Sept. 27 to 28, Stan Halcro Agriplex

Truth and Reconciliation Day: Sept. 30.

OCTOBER

Harvest of Hope: Cariboo Mental Health Association fundraising gala. Oct. 18, PV Cuisine.

Trunk or Treat and Fireworks: Oct. 31, Lone Butte Community Hall.

NOVEMBER

Remembrance Day Ceremonies:

Nov. 11, Birch Avenue Cenotaph, Forest Grove Legion, Lac Hache Cemetary and Interlakes Community Centre.

Lone Butte Christmas Market: Nov 1 to 2, Lone Butte Community Hall.

Santa Claus Parade: 100 Mile House, TBA.

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FRIDAY, JULY 18, 2025

- South Farmers' Market
- Meet & Greet
 SPONSORED BY: South Cariboo Chamber of Commerce
- Entertainment sponsored by: CaribooRadio.com
- Rod Run sponsored by: NAPA - Total Auto Parts
- Dash Plaques sponsored by: Sunrise Ford
- Show Volunteers
 SPONSORED BY: Gustafson's Central Chevrolet GMC
- Dress to the year of your car contest!
- New this year: Food Court
- Kal Tire Community Raffle



TOS MILE HOUSE, BRITISH COLUMBIA - CANADA

SATURDAY, JULY 19, 2025

Breakfast -

- Wranglers BBQ Wagon
- IOO Mile Dog Agility SPONSORED BY: 100 Mile Free Press
- Poker Run sponsored BY: Canadian Tire
 Dinner/Dance
- SPONSORED BY: Bree Contracting
- Categories:
- Motorbike
- Stock SPONSORED BY: Country Tirecraft
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- Heavy Trucks SPONSORED BY: Cask & Cleaver

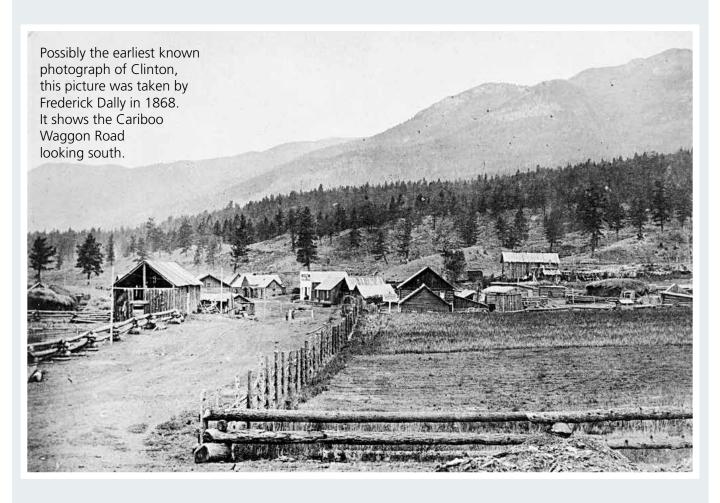
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SUNDAY, JULY 20, 2025

 Show and Shine on Birch Ave Breakfast sponsored BY: A local Not-For-Profit S. Carl

- Live Music sponsored by: REMAX/100
- Craft Market SPONSORED BY: Williams Lake & District Credit Union
- Swap/Trade Show sponsored by: Cariboo Solutions
- Walking Poker Run SPONSORED BY: EXP Realty
- Guess a Car Part sponsored by: Sanders Redi Mix
- Kids Colouring Activity
- Longest Distance Travelled sponsored By: G7 Custom Fabrication
- Peoples Choice Award sponsored BY: Cariboo Country Manufactured Homes DEMONSTRATIONS AND ACTIVITIES FOR LOCAL CLUBS AND NOT-FOR-PROFITS



Cariboo Waggon Road

ORIGINALLY AN ANCIENT INDIGENOUS TRADE ROUTE, THE 650-KILOMETRE CARIBOO WAGGON ROAD WAS BUILT BY THE ROYAL ENGINEERS TO CONNECT THE INHABITANTS OF CENTRAL AND NORTHERN B.C. WITH THE REST OF THE PROVINCE.

The development saw the creation of roadhouses – or stopping points for food, water and sleep – from Lillooet to Barkerville. These roadhouses later became communities such as 70 Mile House and 100 Mile House. Parts of the road were later paved over when Highways 1 and 97 were constructed, but many sections remain relatively untouched.

The New Pathways to Gold Society is in the process of adding information kiosks across the Cariboo Waggon Road as they work to develop it into a cycling/driving tour for the general public. An online guidebook has been created to help travellers experience the rugged and scenic terrain along the route and learn about Indigenous use of the land and local flora and fauna.

Completed sections now include Lillooet to Clinton over Pavilion Mountain; Clinton to Lac La Hache; and 100 Mile to 150 Mile. The next stage involves working on Quesnel to Barkerville. No matter what section you plan to seek, ensure you have water and food as the distances are long in-between and some of the water enroute is not potable. And don't rush: The Cariboo Waggon Road is much more than a road – there are many places to stop and explore as well as the opportunity to see birds and animals that call the Cariboo home.

Enjoy the trip!

EXPLORE, ENJOY, EXPERIENCE – More of the Good Life! 51



CHARGE UP & EXPLORE:

Where to Power Your EV Adventure in the South Cariboo!

Part of the South Cariboo's charm is its rustic and wild nature.

While this makes for a wonderful escape from the city, those looking to travel the South Cariboo in an electric vehicle should be aware which communities charging stations can be found in. More are being added every year but it is important to make sure you plan any day trips with your EV's charge and range in mind.

Centrally located by the South Cariboo Visitor's Centre is a pair of DC Fast Chargers maintained and operated by BC Hydro and the Ministry of Transportation. Just across the street 100 Mile House Chevron has installed a charging station of its own to cater to the growing EV market. Newly installed this year are two Level Two Charging Stations operated by the District of 100 Mile House by the Cariboo Mall. The cost to charge is \$2 an hour.

These options allow tourists visiting the

area to charge their vehicles with direct access to the many amenities 100 Mile House offers.

Meanwhile a half hour down Highway 97, 70 Mile House has its own public EV charging station located just beside the Canada Post office off the 70 Mile House Frontage Road. Campers in 70 Mile House, Green Lake and beyond will find this option far more convenient than driving up to 100 Mile House.

Finally, the Village of Clinton, an hour south of 100 Mile House, has two BC Hydro EV charging stations set up beside the Village of Clinton's office at 1423 Cariboo Highway. This is the perfect place to stop on your way to or from the South Cariboo to charge up your vehicle and take in Clinton's rich history and heritage.

When to go

The temperate climate in 100 Mile House comes with significant precipitation, 428 mm (16.9 inches) annually. However, most months in the South Cariboo have around 20 dry days so you don't need a lot of rain gear for

less it's in June, which tends to be our wettest month. Fall and winter are also beautiful times to visit because even on cold days, we have big open skies to watch the stars or the aurora borealis.

your visit - un-



Bring your camera

It is generally advisable not to get too close to wild animals especially in the somewhat sparsely populated South Cariboo where animals might not be used to humans. A zoom lens for your camera is a great thing to pack along with binoculars for local bird watching.









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HOOKed on Fishing

FISHING OPPORTUNITIES IN THE SOUTH CARIBOO ARE NEARLY ENDLESS.

There are hundreds of lakes to choose from, which makes this part of the region a spectacular place to fish. The South Cariboo is most known for rainbow trout, which is stocked in many of its lakes, but lake and brook trout as well as Kokanee and burbot can also be found.

The Interlakes' pristine watering holes such as **Sheridan Lake** and **Bridge Lake** – are among the best destinations for fishing. **Lac La Hache** also has a reputation for kokanee, lake trout and rainbow trout. There are boat launches at the north end of the lake for those looking to catch their fill.

For sizeable lake trout, **Canim Lake** is said to be your best bet but almost every lake is a perfect place to fish. Smaller lakes are best to visit by canoe or kayak and larger lakes by personal watercraft or powerboat. There's nothing better than spending a day on the water and waiting for that nice laker or Kokanee to nip at the line.

With numerous lakes in the area and a long winter, the South Cariboo has plenty of ice fishing to offer. If it's a casual outing with friends, family or a date - several lakes are available for that, too. The Interlakes area is perhaps the most popular ice fishing destination, but you'll also find plenty of anglers at **Lac la Hache** and **Canim Lake**.

If it's competitive ice fishing you want, plenty of organizations have the line ready for you. The Fishing Highway 24 Tourism Association and the **Deka Lake** and District Volunteer Fire Department host ice fishing derbies, which are popular with both competitors and spectators.





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GOLF

The 108 Golf Resort offers an 18-hole CPGA rated championship course nestled between two lakes. Starting on the first tee, golfers can experience about 6,800 yards of evergreen, a variety of interesting holes and enjoy the scenic backdrop. The course has seen an uptick in users over the past few years, with more young people joining the fray. Upgrades to the resort have seen the addition of new full-service RV sites along with recent hotel room renovations.



RODEO

Western rodeo culture is alive and well in the South Cariboo. Throughout the spring and summer rodeo and horse-riding events take place across the region. These exciting events showcase local cowboy and cowgirl's horsemanship and athleticism. If you've never been to a rodeo feel free to check out the Bridge Lake Stampede, Watch Lake Gymkhanas, the Clinton May Ball Rodeo, the Logan Parent Memorial Bulls and Barrels, Interlakes Rodeo, and more.



100 MILE HOUSE WRANGLERS

Catch a game with heart at the South Cariboo Rec Centre. One of the best Junior A leagues in the country, the 100 Mile Wranglers offer an exciting and affordable night of entertainment. The team has 49 regular-season games from September to mid-February so time is right to catch them at home.



PLAY, EXPLORE. COMPETE

Sports & Outdoor Fun in the South Cariboo!

CURLING

The 100 Mile House Curling Club runs various leagues throughout the season as well as four bonspiels a year, including mixed doubles, ladies, mens' and mixed curling action. Free learn-to-curl lessons every second Monday for a \$5 fee. The rink has a licensed lounge upstairs where you can watch the bonspiel competitions while grilling the locals about the area. The club welcomes out-oftown competitors and visitors.



EXPLORE, ENJOY, EXPERIENCE – More of the Good Life! 55

HORSEBACK RIDING

Trekking by horseback remains one of the most popular ways to explore the South Cariboo region, which has an abundance of guest and working ranches offering an authentic western riding experience.

About 20 ranches in the area offer everything from family-friendly, low-impact trail rides to multi-hour saddle treks through rolling grasslands, sagebrush-covered vistas and more. No matter what your wild west dream is, you can count on the experts to match the right horse to its rider.



Archery

The South Cariboo is a destination for those with a bow and arrow. The Bighorn Archery Club hosts two shoots a year: a 3D indoor shoot at the Stan Halcro Arena in 100 Mile House in late spring and an outdoor 3D shoot outside in the forest at the 99 Mile Snowmobile Club. Year-round practice is held in an indoor arena in winter and at an outdoor course during the summer.

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SNOW MUCH FUN

Hit the powder on the downhill slope or cross-country ski in the afternoon. Power up the snowmobile for a day in the mountains. Or hit the ice for some skating, hockey, curling or ice fishing. Winter in the South Cariboo aims to please.



Snowmobile trails are available in almost every corner of the area, with about 1,056 kilometres of trail free and open to the public. Clubs include the Green Lake Snowmobile Club, Interlakes Snowmobile Club, the Mica Mountain Riders Association and 100 Mile Snowmobile Club. The multi-purpose Gold Rush Snowmobile Trail is one of the most beloved trails, stretching from Clinton to Horsefly, with connections to 100 Mile House, and proposed extensions to Likely and Wells.



Performance All Terrain & Rentals Ltd. Ph: 250-395-2550 67 Alder Ave., 100 Mile House ww.performanceallterrain.com www.performancerentals.ca

SLEDDING

The South Cariboo has dozens of hills for families to enjoy sledding down. During the winter Centennial Park's hills are among the most accessible and are a favourite spot for local children.



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CARVE INTO ADVENTURE! SKI THE SOUTH CARIBOO!

DOWNHILL SKIING

Mount Timothy Recreation Resort touts itself as a family-friendly resort, offering some of the most affordable skiing and snowboarding in the province. Youth who aren't ready to ski or need a break can take advantage of a magic carpet and tubing hill while others can take advantage of easy-to-follow snowshoe trails and adventures. A lodge offers a range of refreshments.

CROSS-COUNTRY SKIING AND SNOWSHOEING

The 100 Mile House Nordics Club operates 45 kilometres of trail, with 2.5 of that being lit, in the 99 Mile Recreation Area. A lodge, with ski and snowshoe rentals and scrumptious lunches, is also open until 4 p.m. each day. For those who don't ski, there are snowshoe trails and an adventure park for younger kids to explore, while the club also hosts programs and events open to visitors.



WWW.SKITIMOTHY.COM SKITIMOTHY1@GMAIL.COM (250)396-4095 MT TIMOTHY RECREATION RESORT - YEAR-ROUND FUN AND ADVENTURE! LAC LA HACHE, BC, CANADA



For Winter enjoy - Skiing/Snow Boarding, Tube Park, Snowshoeing and Cross-Country Skiing. Pro Shop Services -Ski, Snowboard, Snowshoe and Tube Rentals - Lessons - Triple Chair and 2 Magic Carpets Snowmobilers welcome - We are a Destination on the Gold Rush Trail System !

For Spring, Summer & Fall enjoy - ATV Tours, Float Plane Tours, Rentals for E-bikes, Zorb Balls , Bouncy Castles, Kayaks, Canoe, Paddleboards, Fishing Boat/Oars Mountain Biking Trails, we do not offer a bike lift up to the top of the ski hill, we are working on developing our biking trails this summer. We can arrange for Horseback Trail Rides upon request . Stay and play - 3 lakes within 20 minutes, perfect for Fishing, Ski boats, and Swinming. Hunting packages are available for fall bookings, ideal for avid outdoorsmen.



LICENSED LODGE RESTAURANT - LODGE AND PAVILION BUILDING ARE AVAILABLE FOR BOOKINGS FOR FAMILY REUNIONS, WEDDINGS, BIRTHDAY PARTIES, WELLNESS RETREATS AND CONFERENCES.

RIDING THE TRAILS

MOUNTAIN BIKING

herry Rosser phot

Whether you're after rugged terrain or accessible trails, mountain bikers can find what they're looking for in the South Cariboo. The Huncity Mountain Bike Club is a small but mighty club that has developed a diverse number of trails at 99 Mile Recreation Centre in 100 Mile House and at 108 Mile Ranch, suitable for the novice or advanced rider. Weekly club rides take place once a week! Come out and have some fun exploring!

MOTOCROSS

Just up the road from the Huncity Trails at the end of Ainsworth Road is the 100 Mile House Snowmobile Club Lodge. During the summer the lodge hosts the South Cariboo Track & Trail Dirtbike Association. The association maintains a motocross trail and several kilometres of multipurpose trails for dirtbikes, ATVs and snowmobiles in the winter.

The association is also known to host weekend motocross, motorodeo and poker riders during the summer. This year they're already scheduled to host the 2025 BC Motocross Championship Series Round 6 on Sept. 6 - 7. Be sure to check out their Facebook page for up-to-date information on this year's events.





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